



Menus for  
**May  
2024**

**Byron Bergen  
Elementary  
School**

This institution is an equal opportunity provider. Menus are subject to change.

# CINCO de MAYO

Cinco de Mayo (Spanish for "May Fifth") is a time to celebrate Mexican-American food and culture in the U.S. It's a much bigger

# SCHOOL LUNCH HERO DAY

**AND SCHOOL NUTRITION EMPLOYEE APPRECIATION DAY**

Available Daily

Milk and Fruit offered at all meals  
Salad Bar Tuesday-Friday

Please use [Myschoolbucks.com](https://myschoolbucks.com)  
[Myschoolapps.com](https://myschoolapps.com)

Budget Vote May 21st  
Please Vote

The original value meal is more valuable than ever!

All of our complete meals are  
**NO CHARGE**  
for all students  
Through June 30, 2024.  
Available in school daily.

Wednesday, May 1

**Breakfast**  
Breakfast Yogurt Parfait

**Lunch**  
Hamburger on Bun  
L,T,C, Pickle

Turkey & Cheese Sub

Baked Beans  
French Fries  
Fruit

Thursday, May 2

**Breakfast**  
Toaster Pastry

**Lunch**  
Ham & Cheese Hot Pocket  
Macaroni Salad

PBJ Uncrustable

Veggie Dippers  
Salt Potatoes  
Fruit

Friday, May 3

**Breakfast**  
Bagel & Cream Cheese

**School Lunch Hero Day**  
Fiesta Pizza  
Churro

Salad Bar/Muffin

Corn  
Black Bean Salsa  
Fruit

## COOK FRESH.

A lot of processed foods – cereal, ketchup, cheese, and soda, to name just a few common items -- are often loaded with sodium (whether you can taste it or not) and most restaurant meals are very high in salt, too. In fact, the best way to be sure that your family is not eating too much sodium is to cook fresh foods at home and keep your hands off the shaker.



EAT BETTER. PLAY HARDER. LIVE HEALTHIER. LEARN EASIER.  
**WELLNESS IS A WAY OF LIFE!**

Monday, May 6

**Breakfast**  
Cereal Bar & Yogurt

**Lunch**  
BBQ Rib on Bun  
Cheese, Pickles

Yogurt Fun Pack

Corn  
Sweet Potato Fries  
Fruit

Tuesday, May 7

**Breakfast**  
Crescent

**Lunch**  
Chicken Quesadilla, Rice  
L, T, Cheese & SC

Assorted Sub

Mixed Vegetables  
Refried Beans  
Fruit

Wednesday, May 8

**Breakfast**  
Mini Waffles

**Lunch**  
Pasta & Meat Sauce  
Garlic Bread Stick

Ham & Cheese Sub

Romaine & Tomato Salad  
Peas  
Fruit

Thursday, May 9

**Breakfast**  
Breakfast Burrito

**Lunch**  
Chicken & Gravy, Roll

PBJ Uncrustable

Mashed Potato  
Green Beans  
Fruit

Friday, May 10

**Breakfast**  
Bagel & Cream Cheese or PB

**Lunch**  
Pepperoni Pizza  
Cheese Pizza

Salad Bar, Roll

Veggie Cups  
Carrots  
Fruit



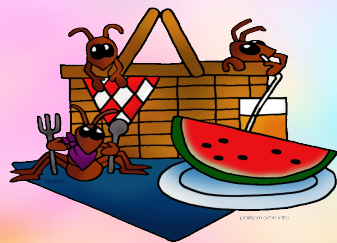
# SUMMER MEALS! ALL KIDS EAT FREE!

No paperwork necessary. Must be 18 or under for free meals.

**Monday - Friday,**

**July 15th - Aug 19th, 2024**

Please call 494-1220 ex1015 for more info.



**Sites and times:**

**Fireman's Park Byron**

**Hickory Park Bergen**

**Byron Bergen Elementary School**

**Lunch is from 11:15 am to 12:30pm**

**Breakfast at the Byron Bergen Elementary**

**Anyone up through 18 years old can eat**

<p><b>Monday, May 13</b></p> <p><b>Breakfast</b> Cereal &amp; Cheese Stick</p> <p><b>Lunch</b> Chicken Patty on Bun Lettuce, Tomato, Cheese</p> <p>Fun Pack</p> <p>French Fries Veggie Cups Fruit</p>	<p><b>Tuesday, May 14</b></p> <p><b>Breakfast</b> Homemade Muffin</p> <p><b>Lunch</b> Grilled Cheese Sandwich</p> <p>Assorted Sub</p> <p>Tater Tots Tomato Soup/Crackers Veggie Cups &amp; Dip Fruit</p>	<p><b>Wednesday, May 15</b></p> <p><b>Breakfast</b> Breakfast Pizza</p> <p><b>Lunch</b> Taco, Rice</p> <p>PBJ Uncructable</p> <p>Black Bean Salsa Corn Fruit</p>	<p><b>Thursday, May 16</b></p> <p><b>Breakfast</b> Mini Waffles</p> <p><b>Lunch</b> Italian Dunkers, Sauce Bread Stick</p> <p>Egg Salad on Bun</p> <p>Broccoli Veggie cups &amp; Dip Fruit</p>	<p><b>Friday, May 17</b></p> <p><b>Breakfast</b> Bagel and Cream Cheese</p> <p><b>Lunch</b> Pepperoni Pizza Cheese Pizza</p> <p>Salad Bar, Roll</p> <p>Tossed Salad Carrots Fruit</p>
<p><b>Monday, May 20</b></p> <p><b>Breakfast</b> Cereal &amp; Yogurt</p> <p><b>Lunch</b> Macaroni &amp; Cheese Roll</p> <p>Fun Pack</p> <p>Romaine Salad Green Beans Fruit</p>	<p><b>Tuesday, May 21</b></p> <p><b>Breakfast</b> Toaster Pastry</p> <p><b>Lunch</b> Breakfast For Lunch French Toast, Eggs, Sausage</p> <p>Turkey Sub</p> <p>Hash Browns Fruit Juice Fruit</p> <p><b>Budget Vote Day</b></p>	<p><b>Wednesday, May 22</b></p> <p><b>Breakfast</b> Mini French Toast</p> <p><b>Lunch</b> Chicken Fingers &amp; Muffin</p> <p>Tuna Salad on Bun</p> <p>Broccoli Cucumber Slices Fruit</p>	<p><b>Thursday, May 23</b></p> <p><b>Breakfast</b> Loaded Hash Browns</p> <p><b>Lunch</b> Hot Dog on Bun</p> <p>PBJ Uncrustable</p> <p>Pasta Vegetable Salad Potato Salad Watermelon</p>	<p><b>Friday, May 24</b></p> <p>Have a Safe and Fun Long Weekend</p> <p>No School</p>
<p><b>Monday, May 27</b></p>  <p><b>MEMORIAL DAY NO SCHOOL TODAY</b></p>	<p><b>Tuesday, May 28</b></p> <p><b>Breakfast</b> Cereal &amp; Cheese Stick</p> <p><b>Lunch</b> Hamburger on Bun L,T,C &amp; Pickle</p> <p>Fun Pack</p> <p>Baked Beans French Fries Fruit</p>	<p><b>Wednesday May 29</b></p> <p><b>Breakfast</b> Breakfast Pizza</p> <p><b>Lunch</b> Rib Patty on Bun L,T,C,</p> <p>PBJ Uncrustable</p> <p>Potato Salad Romaine &amp; Tomato Salad Fruit</p>	<p><b>Thursday, May 30</b></p> <p><b>Breakfast</b> Breakfast on a Stick</p> <p><b>Lunch</b> Pork Chop &amp; Roll</p> <p>Turkey &amp; Cheese Sub</p> <p>Mashed Potatoes /Gravy Sweet Potatoes Fruit</p>	<p><b>Friday, May 31</b></p> <p><b>Breakfast</b> Bagel &amp; Cream Cheese</p> <p><b>Lunch</b> Peperoni Pizza Cheese Pizza</p> <p>Salad bar, Roll</p> <p>Veggie Cups Fruit Juice Fruit</p>